



MASSEY TRAIL RELAYS

Junior Series Final

Moire Park, Massey – Saturday 26th August 2017

It's time to go off-road, on some of Moire Park's scenic trails, through native New Zealand bush. The Massey Trail Relays will take you into the bush and along some of the park's dirt trails which follow the Manutewhau Stream.

Race Start Times:

Seniors' Race starts at 2pm

Juniors' Race starts at 3pm

Team managers please report to the Registration Tent upon arrival to pick up the race numbers.

Team Composition:

Mixed Senior Teams (U18, U20, Seniors, or Masters) – 3 person teams, with any combination of men or women in each team.

Junior Teams (U11, U13, or U15) – 4 person Boys or Girls teams, with a maximum of two U15 athletes in each team. Mixed teams must run as Boys teams.

Competitors must be registered with Athletics NZ and must wear their club uniform to compete.

This event is organized under Athletics NZ Rules.

Cost: Senior teams: \$21 per team Junior teams: \$20 per team

Entries: Enter online www.masseyathletics.org.nz

The closing date for entries is Thursday 24th August.

Please make cheques payable to **Massey Athletic Club**.

Prizes: All competitors will have the chance of winning spot prizes on the day. Medals will be awarded to the 1st, 2nd, and 3rd Junior Boys teams and the 1st, 2nd, and 3rd Junior Girls teams.

Junior Series Points: A minimum of 2 Junior Teams must compete to gain points for your club.

Parking: Parking will be available at the Massey Rugby Club (23 Granville Drive) and the Massey Athletic Club (53 Granville Drive).

Toilets: Public toilets and Athletics Club toilets will be open on the day.

Food and Refreshments: Will be available for purchase.

Course Information:

The relays will be held through the rugged and narrow bush trails of Moire Park. Footwear is highly recommended for all runners as most of the course will be on a gravel trail.

Athletes run at their own risk, and for their own safety they should follow the marshal's directions and stay on the course at all times.

Senior Race Distance:

Approximately 3km for each runner. The 1km lap (blue) will be completed first, followed by the 2km lap (red).

Junior Race Distance:

Approximately 2km (red lap) for each runner.



Queries to: masseycrosscountry@gmail.com