

## **12th December 2011**

There will be an extra club night for 7-14 year olds on Monday, 19th December. This will be a points night. There will also be some events for 2-6 year olds (non-points).

Personal Best Cards (PB Cards): These will be given out by grade managers after an athlete has beaten their personal best in any one event. PBs for all events are recorded for each athlete on the weekly points sheets.

Junior Open Day - Saturday, December 17th at Mt Smart. This is the last open day for the year.

Auckland Junior 1500m Champs - Saturday, December 17th at 5:30pm. All the best to the 10 athletes who are competing for Massey.

Colgate Games - all the best to the 11 athletes from Massey who are going to Tauranga to compete at the Colgate Games in January.

Massey Open Day - our club open day will be on Saturday, 21st January 2012 at Moire Park. We are looking for people to help on the day. If you are able to help with an event, please contact Irene.

Top 10 Teams - The teams for the Top 10 will be selected before Christmas, so please make sure that you will be available to do the competition on Saturday, 11th February 2012. Please view the list of athletes who have been selected for the Top 10 Teams competition.

12/13 Interprovincials - If you are 12 or 13 years old, you can trial for the Auckland Team. The competition will be held in Auckland this year, over Easter weekend. Athletes need to choose 4 events, at least one track event and at least one field event.

Open Day Results - Manurewa Open Day

Helena Spurdle: 1500m - 1st

Blake Spurdle: 1500m - 4th

Miriam Burden: 80m Hurdles - 1st, Discus - 1st, High jump - 1st, Long jump - 1st, 200m - 1st, 400m - 1st, 100m - 1st.

Ruth Burden: 80m Hurdles - 1st, discus - 4th

Katerina Taumafai: Discus - 1st, High jump - 3rd

Cherie Taumafai: 200m - 2nd

Cheryl Taumafai: 80m Hurdles - 2nd, 100m - 1st, 200m - 1st, 400m - 1st, High jump - 2nd, Long jump - 3rd